



Supernanny: How to Get the Best From Your Children

By Frost, Jo

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Learn how to spot it and how to protect children of all ages from bullies at school. Education. Health. Originally from the United Kingdom, where Supernanny first premiered, Frost admits to noticing differences between her home country and the U.S., where she's now based. "This country is the only country I've ever been in that doesn't take proper vacation or breaks, family breaks." Slowing the Pace. We've got to slow down a little bit, Frost says. "Not overscheduling ourselves so that the children spend more time in the car. Eventually, kids will play the piano—you don't have to fit ten things in at once." The New Supernanny Goal. Find many great new & used options and get the best deals for Supernanny: How to Get the Best from Your Children by Jo Frost (Hardback, 2005) at the best online prices at eBay! Free delivery for many products! Extremely good advice. A good summary of much of what she says on TV, but is there to reference when you need it, unlike the TV which you never remember when you need it! by grb258405 Sep, 2011. excellent. good book works well recommend this to anyone with troublesome kids. this not only tells you how to deal with naughty children in a way you can understand it also explains the way the kids will think about their behaviour .it is a brilliant read with many a top tip for struggling parents. by henrymidland15 Nov, 2011. Supernanny: How to Get the Best From Your Children [Frost, Jo] on Amazon.com. *FREE* shipping on qualifying offers. Supernanny: How to Get the Best From Your Children. Gentle Parenting Parenting Advice Supernanny Naughty Kids Positive Parenting Solutions Toddler Behavior Bad Kids Parenting Toddlers Christian Parenting. 10 Things I Learned about Parenting from Supernanny. How to stay calm with your child. Bringing up children can be immensely stressful and frustrating, with most parents feel wound up by their children's behaviour at times, occasionally losing their cool and reacting in a way they later regret. Psychologist Dr Victoria Samuel gives her top tips for staying cool in the heat of the moment. Supernanny: How to Get th has been added to your Cart. Add a gift receipt with prices hidden. Buy used She eases you into new perspectives and approaches, shifting your gaze from wanting to control your children, to aspiring to lead them with a newfound empathy of their own struggles of learning about life and how to live it. This is a great read. The most important principle I have learned so far is to not give in or give up. The Supernanny method gives parents the know-how to tackle any problem area, be it mealtime, bathtime, bedtime, bedwetting, homework, sibling rivalry, aggressive behavior, or a child who just won't do what he or she is told. In an era where parents are bombarded with conflicting or guilt-laden messages at every turn, and sometimes obey their kids' commands rather than the other way around, this is an upbeat, back-to-basics approach to restoring harmony and authority in the home. Chapters include: Ages and Stages.